

Summer Newsletter

CMST: Warming Up For Another Busy Term

A MESSAGE FROM CMST'S CHAIR OF TRUSTEES

I sit in the coolest room in the house to write these words and very much hope that you enjoyed the Cornish heatwave better than me! Enjoy the rest of the summer break.

First, can I thank all staff for their commitment to CMST and their accommodating patience in response to the complications caused by COVID. I know that Gareth, our admin/finance staff and all six Area Teams are doing their level best to stay in touch with each other and with you, our clients.

The Trustees are most appreciative of the staff efforts. The Trust is doing its very best to preserve staff salaries and benefits for as long as our cash position allows, after gaining significant grants and loans over recent months. We hope that our reserves will tide us over to more normal times but it remains vital for all our staff to regenerate old business and generate new business in the autumn term. I am confident that the staff will and the Trust soon hopes to appoint someone dedicated to marketing our services to help you in their work. The Trust will be reviewing our overall position at their Board meeting on 27th September which is the month that the Government's Furlough Scheme runs out.

It has been good to see the work going on to develop and expand Music EL and my thanks to all those involved with the project. The Trust is making a significant investment in EL because we believe it will become an important part of our service long after COVID has died down and become an important source of high quality educational materials. MusicEL has the potential to considerably extend our reach as a Trust and various outside bodies have been complimentary about our work so far.

I am pleased to report that CMST has now incorporated and merged with Cornwall Music Therapy Trust. Both sets of Trustees are fully behind this move and the legal niceties are complete. The CMST Board has welcomed Jackie Brant and Robin Bates as new Trustees - they will bring knowledge and expertise on Music Therapy as well as contribute importantly to our whole business.

On 12th July we held the inaugural meeting of our MT Steering Group which has broad representation of MT providers in Cornwall and will be the main vehicle for MT policy making, fundraising and financial allocations. Our MT Lead, Liz Eddy, will advise and report to the Group and Professor Tony Bunt will be a Consultant.



CORNWALL MUSIC SERVICE TRUST



David Fryer
Chair of Trustees
for Cornwall
Music Service
Trust



Gareth Churcher
Head of Service
for Cornwall
Music Service
Trust

Jackie Brant is the first Chairperson.

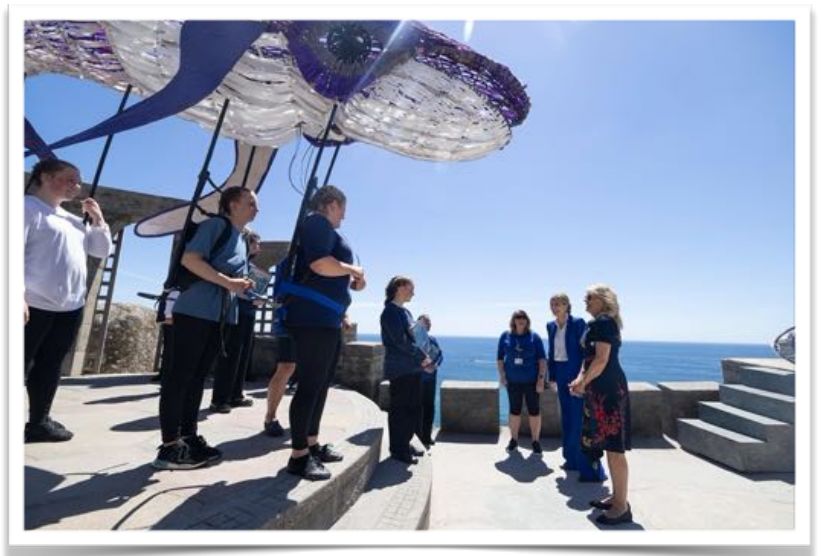
Trustees were sad to hear that Ann Stott is standing down as our Early Years Music Lead at the end of this calendar year - after completing her expected stint. Ann took up the role in September 2018 and has done a marvellous job in building our EY's Service and making productive contacts with a large number of organisations. Ann's work is respected amongst practitioners in Cornwall and further afield for creating a Service with a sound underpinning philosophy.

It is a privilege and a pleasure to Chair the Trust and to realise what a quality staff we have, committed to our organisation as in a family. A huge thank you again and best wishes.

David Fryer

OCEAN WORLD AT THE MINACK THEATRE

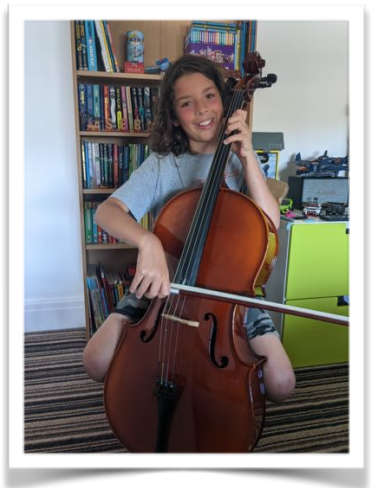
We have really enjoyed working with the Minack Theatre, nine West Cornwall primary schools, secondary students and Cornwall Youth Chamber Choir to stage a fabulous production of the musical Ocean World this Summer. We began with a taster for the spouses/ partners of the world leaders attending the G7 summit back in a May and then performed the entire show complete with dance and narration in July. This has been a truly collaborative venture and it was so great for the younger children to perform with the more experienced students and hopefully be inspired by them! The older students also loved performing alongside the local primary children. It is very much hoped that we will be able to work on more performances of this nature with the Minack and young people in the future. Congratulations to all who made these performances a huge success!



LOCKDOWN SUCCESS FOR SEBASTIAN.

A year 6 pupil at St. Mewan School worked towards his ABRSM digital Grade 1 throughout lockdown and passed this term.

Congratulations Sebastian!



INSTRUMENT DONATIONS

We have had some very kind supporters donate unused musical equipment to the trust recently.

We can use these to help pupils who may not usually be able to access their own instruments. Thanks to our tutor Paul Dhiman for collecting this Suzuki classical guitar and sprucing it up to pass on.

SCARLET JENKIN, BEGINNER CLARINET – ST KEVERNE SCHOOL

Scarlet has worked incredibly hard during lockdown, whilst taking part in online support. I am really impressed by her development and she really deserves recognition for this. Scarlet is a very shy and timid pupil and so with lessons in school, she found it very hard to engage. Over time, this led to her not practising at home and often forgetting to take her clarinet into school.

Since being in lockdown, Scarlet's attitude has changed dramatically. She regularly logged into online support and had no intention of having any time off!. Each time I saw her she had practised really hard and learnt several new pieces. Scarlet adopted a regular practice routine and with support from Mum, who I have been able to have more contact with, she has gained so much confidence! Scarlet is secure in her note reading and she produces these with a lovely tone. Her reading of rhythms has improved and she can work these out independently. Mostly, she is no longer afraid to try and it is an absolute pleasure to see her progress and find such a love of music.

Well done Scarlet, I am one very proud teacher!
Lowenna Thrussell



Triggshire Strings meet Brodsky Quartet

A huge thank you to the Brodsky Quartet and Carn to Cove for inviting Triggshire Strings to take part in the Dante Festival. Without a rehearsal venue in the Camelford area Trigg had been rehearsing only on zoom which, as a bonus, enabled players from Restormel (St. Austell) and Caradon Strings (Liskeard) to join in. After only 3 face to face rehearsals in the last week they performed a piece by Tristan Schulze, especially written for young string players and string quartet. A real challenge, especially for the new members who never had any experience playing with an ensemble before .



Working on the idea of variations the group also came up with fantastic sound effects to go with the theme of the famous Trout Quintet by Schubert.

The young players were in for a real treat when they could listen to the rest of the program, Schubert's string quintet. The quartet was joined by Laura van der Heijden on second cello, winner of BBC Young Musician of the Year a few years ago. Sublime playing, it was such an inspiration : listening to each other, creating a wide range of sounds, communicating with each other just through music, playing in tune and telling the story of the music; all the skills musicians aspire to. When the professionals were asked which advice they could give to the young musicians, the answer was: practice and play together as much as you can.

It was a well deserved reward for the huge compromise of zoom sessions where everyone is muted and can only hear the tutor but not each other.

Anyone who is interested in joining an ensemble, please contact CMST. It is not just for young people but for all ages and nobody expects you to be perfect. It gives a huge boost and a sense of purpose. Music is there to be shared, to be created together. Practising is just the preparation for exploring and enjoying ensemble playing.

Ask your child's teacher which ensemble is suitable. It's absolutely normal to be nervous before but just come for a taster session and give it a go. If you have been thinking about it for a long time or wanted to dig out your instrument this could be the start of an exiting journey.

Looking forward to seeing you playing!

Barbara Degener



Cornwall Youth Chamber Choir

CYCC have had a busy term getting ready for and performing Ocean World for the G7 spouses and partners and later for a wider audience at the Minack as well as learning a brand new piece 'To Pastures of Peace' by Caitlin Strike which won the Women Composers competition for the Hypatia Trust project in collaboration with CMST. We will be performing this beautiful work as part of our Autumn programme and are delighted we will be once again welcoming new members next term.

Christine, Chris and Julia would like to take this opportunity to thank all the choir members for their terrific hard work and wonderful singing again this term. Thanks also to all the parents and carers who have supported us as always!



Music Therapy News

Liz Eddy, Professional Lead for Music Therapy

Summer term 2021 has been interesting, at times challenging for the music therapists but overall we are now back to delivering in person music therapy in many of our settings. And we are very happy to be doing so! Since March 2020, many of the team have gained valuable experience in developing their practice to include delivering online sessions and that is something we now offer alongside our in person work. Throughout we continue to be hugely grateful to be supported by CMST as an organisation, as we face the ongoing uncertainties of the pandemic.

Following the CMST restructure and division into geographical areas, the music therapists are feeling more integrated into CMST, getting to know other staff members better. Having meetings online has had the benefit of making it easier for the teams to connect with each other. Liz, Carine and Sally presented at the BAMT conference in April 2021 (originally due to be held in Belfast but moved online) and shared some of the ways in which being part of a music service is bringing us opportunities for collaborative work and enabling us to work together.



We have been able to accommodate two student placements in summer 2021, both year 1 trainees. One student is training at UWE, Bristol and the other at USW, Newport. The students are having a different training experience as much of their course has so far been online. It is important that trainees are supported by offering placement opportunities, although it takes us time to do this and is not something that generates income for our service. We are contributing to developing the future workforce and there is a chance these Cornwall based trainees will work with CMST once qualified.

We are also really excited that the Music Therapy Steering group has been set up within CMST and are hoping that will consolidate opportunities for fundraising and raising awareness of the work we are doing across Cornwall.

<https://www.cornwallmusicservicetrust.org/news/2021/6/22/music-therapy-provision-in-cornwall-takes-a-collaborative-step-forward>

This has been a very musical term for children at St Catherine's C of E School in Launceston. The year 5 class have written a song about the environment and put together a superb performance of Joni Mitchell's Big Yellow Taxi. This is what they said about their experience.

"We have loved the song-writing unit of work with Mrs Bridle and it has been amazing to learn that we can actually compose our own songs. We didn't know that we could be that creative - we were actually really impressed by our own song!"

Year 2 studied tuned percussion First Access. They learned to play 3 different songs that they performed in the final session. Here is what they said about their learning:

It was really tricky but it was good to see that we got better after trying hard

It was such fun and I loved playing all together

We were quite proud of how much we learnt

I was pleased to learn something new and want to learn another instrument now

I loved signing and I think I was better to do this to help us learn the songs before we played them

We have really learnt a lot and I am really enjoying playing the glockenspiel with my new skills!

Georgina Bridle, Area Lead, North Cornwall.

The North Cornwall team would welcome applications from teachers of violin and viola who would like to expand strings provision in the area.

We are also looking for schools interested in First Access provision in Brass, woodwind and stringed instruments. Instruments can be hired from the Hub, who also fund these whole class instrumental sessions for 10 weeks. If you are interested, please contact Georgina (Area Lead) on gbridle@cornwallmusicservicetrust.org.



CORNWALL MUSIC SERVICE TRUST

Charity no. 1159622

CMST MUSIC SUMMER SCHOOL 2021 - CORNWALL

£20 per day or £50 for all three

- 2, 3 & 4 of August: 09:00 - 16:00
- Scheduled blended events over the 3 days
- Pick and choose which sessions you would like to attend
- Sessions to include ensemble workshops, instrumental and vocal master classes, music technology, improvising, composition, conducting plus much more
- Hosted in the wonderful surroundings of Truro School
- FINALE performance and sharing session
- Open to ALL musicians (some previous experience is preferable)
- Delegates can expect inspirational and intensive sessions which will suit those who are ready to bring their energy and focus
- Younger participants (8 and under) should have a parent or guardian readily available each day
- All delivered by the inspirational music leads of CMST

To register your interest please complete visit:
<https://www.cornwallmusicserVICetrust.org/cmst-summer-school>

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CORNWALL MUSIC SERVICE TRUST



MusicEL

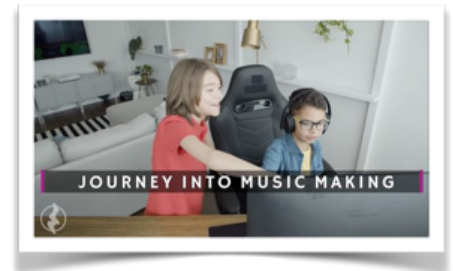
"Transforming lives through music"

Create!

with BandLab courses this summer holidays

With the holidays just around the corner, it's the perfect time to line up some fun activities for the family. We are delighted to have something brilliant to offer you:

- Create! with BandLab
- Get creative writing your own music
- Record your instrument or vocals
- Produce your own finished music tracks



Click the image to watch the video:

BandLab - Journey into music making

BandLab is a free, easy to use music production platform that will have you making music in no time. Our MusicEL team have been busy creating courses to help you get creative.

The courses are designed for complete beginners (no previous experience required), and are in three versions - for kids, teens, and adults. So you can have some fun and constructive music-making as a family, or give your children something creative and engaging to do on the rainy days.

Meet your teacher

Si Gordon is a professional DJ and music producer. His music and recording work has appeared on the likes of American Idol, Oprah Winfrey, Sky Sports, Miami Ink, America's Next Top Model, Horrible Histories, and many more.

He also works for BandLab producing loop packs, and teaches music production at all ages from primary through to running an F.E. college music department. So who better to guide you!



Course options

Standard - nearly 6 hours of video tutorials, quizzes and assignments, and become part of the MusicEL community - with challenges, competitions, and online showcases of your music.

Premium - all of the above, plus 6 live Zoom seminars each Wednesday throughout the holiday, with Si Gordon and his team. You'll get help and feedback on your work, and be able to collaborate with friends or family on the course.

Join us this summer, and find out more

BANDLAB COURSES



Many CMST staff are trained in assessing music medals for ABRSM. This is a great way to introduce younger pupils to the more formal grade exams that come once they have been learning for a while. They are teacher assessed and can be taught in groups which makes them ideal for our group lessons.

Florence Sinclair - has worked really hard through lockdown 2 having online lessons with Mrs Thrussell. She passed her copper music medal in November and worked her way to bronze this month. Well done to all CMST pupils that have passed medals during this pandemic!

